

Schedule pre-conference workshops ICM 2018

Tuesday 10th July



ROOM:		A2.11 (+2.12)	A2.09 (+A2.14)	A1.07	A2.15	A1.04	A1.06	A1.05
8:00 - 9:00 am	registration (central hall)							
9:00 AM	start workshops	Ronald Epstein - <i>Being mindful at work: key skills to enhance quality of care, quality of caring and resilience in work settings</i>	Frits Koster & Erik van den Brink - <i>Mindfulness-Based Compassionate Living - Living with Heart. A follow-up programme to deepen mindfulness with heartfulness</i>	Chris Cullen - <i>The experience and nature of liberating insight in early Buddhist teachings and contemporary mindfulness-based approaches</i>	Michael Chaskalson & Wibo Koole - <i>Teaching Mindfulness in organizations: the developing practice</i>	Trish Bartley & Gemma Griffiths - <i>Teaching Mindfulness-Based Groups - the 'Inside Out' way. Connecting with common humanity through mindfulness based group work</i>	Bart van Melik - <i>Insight Dialogue: Meditation in Dialogue</i>	Nancy Bardacke & Larissa Duncan - <i>Mindfulness-Based Childbirth and Parenting (MBCP): A Possibility for Interrupting Intergenerational Patterns of Suffering?</i>
10:30 - 11:00 am	morning break							
11:00 AM	workshops continue							
12:30 - 1:30 pm	lunch							
1:30 PM	workshops continue							
3:00 - 3:30 pm	tea break							
3:30 PM	workshops continue							
5:00 PM	end workshops							
5:00 - 7:00 pm	opening reception	With an opening talk by Karen Maex (Rector Magnificus University of Amsterdam) and opening 'act' by Conference Chairs prof. Anne Speckens & Prof. Susan Bögels						