

2:00 – 3:00 PM

Friday 13th July 2018

PANEL DISCUSSION

Moderated by Edel Maex

'Can meditation do more harm than good?'

Willoughby Britton, Jared Lindahl, Ruth Baer, Rogier Hoenders, moderated by Edel Maex.

This panel discussion will start with a short introduction and presentation by the panel members, followed by an interactive part with input from the audience, exploring the theme of safety of meditation and mindfulness-based approaches. There will be ample space for questions and reflection.



Willoughby Britton



Jared Lindahl



Ruth Baer



Rogier Hoenders



Edel Maex