

Join field leaders, colleagues
and friends in beautiful
Amsterdam as we explore...

Science from Within

10 - 13 July 2018,
Amsterdam, the Netherlands

International Conference on Mindfulness (ICM) 2018

Highlights:

- 3-day main conference with keynotes by **Stephen Batchelor, Ruth Baer, Zindel Segal, Mark Williams** and many others!
- Pre-conference workshops by **Ron Epstein, Chris Cullen, Trish Bartley, Frits Koster** and others.
- Meet-the-expert sessions with **Willem Kuyken, Jon Kabat-Zinn** (video link) and **Ajahn Amaro**.
- In conference workshops by **Rebecca Crane, Alison Evans, Willoughby Britton** and others.
- A unique party at 'Pampus' island close to Amsterdam.
- Post-conference retreat with **Helen Ma and Mark Williams**.

